# C:\Users\stefano.maggi.CONBIPELSPA\Desktop\prom38.png

**Date**: 27/11/2012

**Procedure:** How to find out which Proxy Server I am using (Windows Vista/7)

**Source:** [**LINK**](http://www.wincert.net/tips/networking/2509-how-to-find-out-which-proxy-server-i-am-using)

**Permalink:** [**LINK**](http://heelpbook.altervista.org/2012/how-to-find-out-which-proxy-server-i-am-using-windows-vista7/)

**Created by:** HeelpBook Staff

**Document Version:** 1.0

# [**How to find out which Proxy Server I am using (Windows Vista/7)**](http://heelpbook.altervista.org/2012/how-to-find-out-which-proxy-server-i-am-using-windows-vista7/)

**SCENARIO**

*Is there a way to find out what proxy I am using if Internet Options are disabled by Group Policy?*

**SOLUTIONS**

There are couple of ways to find out what proxy server you’re using. Here’s how to find out the proxy server address using **Command Prompt**.

 Hit **Win ORB (Start button)**

 Type **CMD**

 Click **Enter**

In the **command prompt** window type the following:

reg query "HKEY\_CURRENT\_USER\Software\Microsoft\Windows\CurrentVersion\Internet Settings" | find /i "proxyserver"

Or you can use the tools like **Ethereal**or **Wireshark** to sniff for the network traffic and this way found out the address of the proxy server, although this could be a problem if you don’t have appropriate permissions to install third party software.